

[DR AMEN CHANGE YOUR BRAIN](#)



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Dr. Amen is a distinguished fellow of the American Psychiatrist Association and has pursued his doctorate from Oral Roberts University, in the year of 1982.

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Media Dr Daniel Amen Amen Clinics

Dr. Amen is the author or co-author of 70 professional articles, seven book chapters, and over 30 books, including 10 New York Times best-sellers, namely, The Daniel Plan and Change Your Brain, Change Your Life, Magnificent Mind at Any Age, Change Your Brain, Change Your Body, Use Your Brain to Change Your Age, Unleash the Power of the Female Brain and Healing ADD.

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Dr Daniel Amen s CHANGE YOU BRAIN CHANGE YOUR BODY

2 Dr. Daniel Amen s CHANGE YOUR BRAIN, CHANGE YOUR BODY Questionnaire Please rate yourself on each of the symptoms listed below using the following scale.

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